

## FROM THE EDITORS

Dear Readers,

We are pleased to present another issue of *Psychiatria Polska*. Summer carelessness is spoiled by the situation of mental health care in our country. Proposed liquidation of the current legal arrangement, and the role and importance of the National Programme for Mental Health (NPOZP) is being hastily considered and voted by Polish Sejm (lower chamber of Parliament). We encourage all Readers to read an important letter on this matter sent by prof. J. Wciórka and dr hab. A. Cechnicki. Saving the NPOZP becomes a priority for Polish psychiatrists, represented by PPA (Polish Psychiatric Association). The fate of our patients, the development of health care, as well as the progress of research in psychiatry depend on this matter. Such a significant voice in this matter of those involved in the NPOZP must have been published in the most important Polish psychiatric journal.

In the current issue of *Psychiatria Polska*, you will find the paper written by prof. Jules Angst, who accepted an invitation to write an article for Polish psychiatrists. Prof. Angst is an extraordinary figure – for several decades he has been setting new directions for understanding the epidemiology, division and classification of affective disorders; he is the largest authority in the field of research on bipolar disorder. Despite advanced age (born in 1926) he relentlessly pursues new research projects, teaches new generations of psychiatrists, lectures around the world, and his brilliant mind, erudition and knowledge are impressive. Professor Angst recently visited our country on the invitation from professor Janusz Rybakowski, in November last year and gave a lecture at the conference “Neuropsychiatry and Neuropsychology” in Poznan. In the current issue of *Psychiatria Polska* you can read his article on the classification of affective disorders. It is worth to return to the last year article written by D. Łojko, A. Suwalsk and J. Rybakowski, which discusses bipolar disorder and depression in DSM-5 [1].

Readers interested in the problems of eating disorders and the issues of disorders in adolescents will find a lot of important articles in the current issue.

In one of the previous issues of *Psychiatria Polska* you could read the results of study on the parameters of saliva in people with anorexia nervosa [2], this issue includes two articles related to bulimia nervosa.

It is difficult to deal with adolescent patients without a thorough knowledge of family relationships. Interesting studies on these subjects are carried out by Polish

psychiatrists and their results have been recently published in our journal [3, 4, 5]. We encourage Readers to re-read them due to the fact that in this issue you will find further significant references to these matters.

Similarly important and interesting supplement to the articles on the applicability of the method of deep brain stimulation and transcranial magnetic stimulation in the treatment of mental disorders published in this issue, is an article written by dr Thomas Zyss, which discusses the application of the DBS method in depressive disorders [6].

Clinicians will definitely benefit from articles on fibromyalgia and irritable bowel syndrome – these are the issues often raised by patients under the care of mental health clinics.

We wish you enjoyable reading.

**Dominika Dudek – Editor-in-Charge**

**Jerzy A. Sobański**

**Katarzyna Klasa**

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